

# Violence Intervention Program



**Domestic Violence  
Bilingual Helpline**

**1-800-664-5880**

Monday - Friday | 9 am - 11 pm

**[vipmujeres.org](http://vipmujeres.org)**

**Domestic violence is** a pattern of coercive behaviors, used by an abusive partner to gain or maintain power and control over another person with whom the abusive partner is in an intimate, dating or family relationship.

**Sexual violence is** any sexual act, attempt to obtain a sexual act, unwanted sexual comments or advances, or acts to traffic, or otherwise directed, against a person's sexuality using coercion, by any person regardless of their relationship to the victim, in any setting, including but not limited to home and work.



### **Our Bilingual Helpline**

Our bilingual (English/Spanish) Helpline operates 9 am to 11 pm Monday through Friday. Our Counselors provide an array of services, including access to our programs, over-the-phone counseling, safety planning, information about emergency shelter, and referrals to other community-based social service providers.

### **To learn more...**

Contact us for a workshop or presentation at [info@vipmujeres.org](mailto:info@vipmujeres.org)

---

**P.O. Box 1161, Triborough Station  
New York, NY 10035  
Phone: 212.410.9080 Fax: 646.975.4554  
[info@vipmujeres.org](mailto:info@vipmujeres.org)**



## **Do you feel scared in your relationship?**

### **Does your partner:**

- Constantly criticize you?
- Humiliate you?
- Control your money?
- Keep you from family & friends?
- Always check up on you via texts, calls, and/or social media?
- Hurt you physically or threaten to hurt you?
- Pressure you into unwanted sexual activity?

### **These can be signs of abuse!**



## **How You Can Help Someone Else**

- Believe them.
- Listen without interrupting.
- Give them our helpline number.
- Be emotionally supportive, even if they stay in the relationship.
- Offer practical help, like going with them to appointments or offering to take care of their kids so that they can go on their own.

## Did you know?

24

people per minute are victims of rape, physical violence or stalking by an intimate partner in the United States over the course of a year. That is more than 12 million a year.\*

30-50%

of transgender people experience domestic violence at some point in their lifetime compared to 28-33 % percent in the general population.\*

1 in 3  
Latinas  
(34.4 %)

will experience domestic violence during her lifetime and 1 in 12 Latinas (8.6%) has experienced domestic violence in the previous 12 months.\*

230,000

The NYPD responds to approximately 230,000 domestic incidents annually. \*\*

\* [https://esperanzaunited.org/wp-content/uploads/2021/09/3.11.73-Factsheet\\_GeneralIPV2021-1.pdf](https://esperanzaunited.org/wp-content/uploads/2021/09/3.11.73-Factsheet_GeneralIPV2021-1.pdf)

\*\* <https://www.nyc.gov/site/nypd/services/law-enforcement/domestic-violence.page>

## You are the solution!

60% of Latinx people say they would get involved to stop intimate partner and sexual violence, and 35% said that nothing would stop them from helping someone they knew.

83% of Latinx people said they would speak to their children about healthy relationships.\*

\* No Mas Study: DV and Sex Assault in the Latin@ Community 2015

# VIP Can Help!

We provide the following services to survivors of domestic and sexual violence

## **Housing**

Emergency DV shelter, transitional housing and help with vouchers like CityFHEPS.

## **Counseling**

Short-term counseling and safety planning in English and Spanish.

## **Support Groups**

Survivor-informed healing groups that build community and break isolation.

## **Economic Justice Services**

Creative and culturally specific approaches to increasing income and savings.

## **Advocacy**

Help with public benefits, legal referrals, court accompaniment and more!

## **Leadership Development**

Our Promotoras Program supports the leadership of survivors who use their own story to educate and encourage other Latinx immigrants to seek support for abuse.

## **Sexual Violence Project**

Provides trauma-informed, supportive services to survivors of sexual violence.

## **Child and Adolescent Program**

Trauma-informed services for children and adolescents between the ages of 3-18 survivors of trauma.

## **Workshops and Presentations**

We provide education that empowers our communities to recognize the signs of abuse and to seek help including a youth curricula that uplifts the experiences of immigrant and Latinx youth to explore gender dynamics, healthy relationships, and consent.

For any of our services call the bilingual helpline

**1-800-664-5880**

or use the text feature on our webpage

**[vipmujeres.org](http://vipmujeres.org)**

## **Violence Intervention**

**Program** was founded by grassroots Black and Latina activists in 1984 to address domestic and sexual violence in our communities. We have confidential, community-based locations throughout New York City.

**We serve** people of all races, ethnicities, genders, sexual orientations, ages, abilities, languages and immigration status. We specialize in programming for Latinx communities and immigrants.



### **Why use Latinx?**

We use “Latinx” so as to include all genders in our community.



For more information visit our webpage  
**[vipmujeres.org](http://vipmujeres.org)**  
and  
**follow us on**

